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ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

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यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

**Ashford Hospital**  
London Road  
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Tel: **01784 884488**

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Website: [www.ashfordstpeters.nhs.uk](http://www.ashfordstpeters.nhs.uk)

# Intravenous Sedation

## Oral and Maxillofacial Surgery

## FURTHER INFORMATION

Should you require additional advice please contact St. Peter's Hospital – telephone **01932 872000** ext **2493** or Ashford Hospital – telephone **01784 884009**

Useful information may also be obtained by logging on to the following websites:

[www.youranaesthetic.info/anaesthesia\\_explained](http://www.youranaesthetic.info/anaesthesia_explained) or  
<http://www.oyston.com/anaes/>

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## Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email [pals@asph.nhs.uk](mailto:pals@asph.nhs.uk). If you still remain concerned please contact our Complaints Manager on 01932 722612 or email [complaints@asph.nhs.uk](mailto:complaints@asph.nhs.uk).

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**Version:** 2

**Published:** Nov 2008

**Review:** Nov 2011

## **WILL I BE IN PAIN AFTERWARDS?**

It is a good idea to have mild painkillers at home such as Paracetamol or Ibuprofen, (unless you are allergic, sensitive to or unable to take aspirin or similar products).

We recommend that you take a painkiller before the numbness of the local anaesthetic wears off, as you may experience some discomfort then.

When taking medicines it is important to read and follow the instructions, warnings and dosage on the bottle or packet. If you are prescribed antibiotics, complete the course.

## **APPOINTMENTS**

If you are unable to attend, you wish to change the date of your appointment, or you have changed your mind, please let us know as soon as possible in order to discuss and agree another date. If you do not keep your appointment and have not previously contacted us, you will not be sent another appointment.

We will make every effort to avoid changing your appointment, but we regret that, due to unavoidable circumstances, occasionally this happens.

# **Intravenous Sedation**

## **WHAT IS INTRAVENOUS SEDATION?**

This is the process whereby you are given a sedative medication which causes you to become very relaxed and much less anxious, making a surgical procedure much more comfortable.

## **THE PROCEDURE**

Your minor operation will be carried out using a safe sedation technique, which will ensure you are relaxed and comfortable.

A small injection is usually given in the back of the hand or your arm. This will relax you to such an extent; it is likely to be the only thing you remember before recovering.

When you are fully sedated and relaxed, a local anaesthetic is given to completely numb the operation site so you are unaware of the procedure.

## **WHAT ARE THE RISKS?**

Risks associated with sedation are minimal. Should you become too sleepy under the sedation you will be given a drug to reverse the affects.

## **WHAT ARE THE BENEFITS OF SEDATION?**

- It avoids the use of a general anaesthetic and the risks associated with it
- It alleviates the stress of surgery
- You will not remember the surgery

### **ARE THERE ANY ALTERNATIVES?**

It is possible to have treatment under a local anaesthetic only, this means the area treated will feel numb but you will be completely awake and alert throughout the procedure.

It is important that you have considered all the options available to you before you sign your consent form. If you have any questions, please ask.

### **PREPARING FOR SURGERY**

You **MUST** bring a responsible adult with you who is able to escort you home and look after you for the rest of the day. Sedation **WILL NOT** be given if you are without an escort.

Please wear loose clothing and flat shoes.

Please do not bring your children to this appointment.

Take any medicines as normal

### **Eating and drinking**

You may have a light breakfast or lunch  
Do **NOT** eat fatty foods or drink alcohol

### **Smoking**

Smoking delays healing and increases the risk of infection so please avoid this before and after surgery, and until your wounds have healed.

The hospital has a no-smoking policy which means that smoking is not allowed inside the hospital, in any entrances or doorways or within the grounds.

### **AFTER SURGERY**

**It is important to avoid any of the following for at least 24 hours and preferably 48 hours:**

- Driving
- Using any power tool or mechanical machinery
- Drinking alcohol
- Undue exertion
- Making any vital decisions or signing any important documents
- Looking after children