

Fractured Fingers and Toes

A fracture is the medical term for a crack or a break. We do not usually x-ray toes unless the big toe is injured or the toe is clinically dislocated.

TREATMENT

We treat fractured fingers and toes by strapping the broken finger/toe to the one next to it. This acts like a splint. Keep the strapping on for about two weeks or until the pain has resolved. Replace the strapping if it gets wet or falls off.

For broken toes a metatarsal pad may also be applied to the sole of the foot to improve comfort when walking.

Remember to take pain relief.

Should you require further advice or assistance please telephone **01932 722025** for Accident & Emergency at St. Peter's Hospital.

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you still remain concerned please contact our Complaints Manager on 01932 722612 or email complaints@asph.nhs.uk.

Author: Helen Hepworth

Department: Emergency Medicine

Version: 2

Published: Mar 2008

Review: Mar 2010